

DO'S & DON'TS

while taking homoeopathic medicine

1. Keep the medicines in a cool, dry and dark place. Don't expose your medicines to direct sunlight, heat radiations, magnets, essential oils or strong aromatic odour such as camphor, solvent, paint and chemicals.
2. Avoid taking food half an hour, before or after taking medicine. It should be dissolved on clean tongue when the mouth is free from other strongly flavoured things like garlic, onion, ginger, coffee, cigarette, pan masala, mint (including toothpaste).
3. Drinking water is permissible before or after five minutes of taking the medicine.
4. While taking the medicine, avoid contact with the skin (dispensing into the hand). Drop a few pills into the lid of the dispenser and toss directly into the mouth. If a medicine spills, or falls on the floor, discard it.
5. Maintain a minimum gap of five minutes in between two medicines at a time.
6. To obtain best absorption, globules should be chewed or sucked, not swallowed whole. While taking drops, pour them into a spoon or glass containing a little water which is as pure as possible. Keep this solution obtained in the mouth for few seconds before swallowing.
7. Open only one bottle at a time to avoid cross-contamination and confusion.
8. Homeopathic medicines should not be refrigerated.



A move that enable
HEALTH AND HAPPINESS
A commitment towards
EXCELLENCE IN HEALTHCARE



Individualized treatment for every disease after taking proper case history thereby treating an individual as a whole for disease prevention and holistic healing.



High Quality and genuine medicines with clean, minimalist and sterile packs to safeguard drug.



Online Consultation and Home Delivery of medicines for patients to be treated in best possible way.



Start Right | Choose Right

Consultation Timings

Monday to Saturday
Morning : 11:00 AM to 1:00 PM | Evening : 6:00 PM to 8:30 PM
Sunday : By Appointment

+91 8130740403, 9953752444,

Dr. Smriti's Homeopathic Healing Clinic
Plot No. 5/2, Sector 5,
Rajendra Nagar, Sahibabad,
Ghaziabad, Uttar Pradesh, INDIA
Tel : +91 120 4372609



SCAN TO GET LOCATION ON MAP

www.drsmritishomoeopathichealing.com

CHOOSE AN EFFECTIVE SOLUTION WITH HOMOEOPATHY

Natural
Safe
Preventive
Scientific
Holistic
Non Addictive
Without Side Effects



Start Right | Choose Right

Patient Information Leaflet

START RIGHT , CHOOSE RIGHT

- In today's interconnected and complex world , it has never been more vital to step up and play a positive , catalytic , connecting role in transformation of good health and happiness at the root level.
- Founded on 19th December 2011 ' Dr. Smriti's Homoeopathic Healing Clinic' is a holistic homoeopathy centre dedicated to complete patient care, in-depth patient education, and advanced clinical research. With your health and well-being at the core of our culture, we believe in identifying and treating disease from the root.
- Dr. Smriti's Homoeopathic Healing provides a permanent cure to your ailments and also inspires you to lead a healthy life. Improving health for humanity , our knowledge and our passion to change the trajectory of health is uniquely positioned to take a holistic approach towards human health.
- We believe in transforming our patients into a healthy individual with intricate case taking procedures for best possible homoeopathic treatment. We are also committed to create a more sustainable path forward, helping to build a modern, high-performing health system that improves access, affordability, outcomes and experiences for the people who depend on it.

ABOUT HOMOEOPATHY

- Homoeopathy is a non-invasive, therapeutic mode of treatment that uses natural substances to relieve symptoms. It derives from the Greek words homeo, meaning "similar," and pathos, meaning "suffering" (such as the pathology of a disease). Homoeopathy operates on a "like cures like" principle that has been used empirically for more than 200 years and continues to be confirmed in pharmacological research and clinical studies offering long term solutions. It aims to restore the internal order by stimulating the patient's defense mechanism.
- Homoeopathy is known for its safe and gentle ways of treatment. The active ingredient in homoeopathic medicines are made from diluted extracts of plants , animals, minerals or other raw materials found in nature. Homoeopathic remedies / medicines do not mask symptoms ; are not contraindicated with pre – existing conditions , and are not known to interact with other medications or supplements , making them one of safest choice of treatment.
- According to World Health Organization data, Homoeopathy is presently the second largest system of medicine in the world . In India over 100 million people depend on homoeopathy for health issues. Homoeopathic treatment ensures an overall sense of well being and not just relief of specific symptoms. While this treatment considers all the symptoms of an illness for its treatment , it goes beyond to understand the person suffering from the illness by tracing the cause and understanding to its deepest root.



Dr. Smriti's Homoeopathic Healing aims at providing complete health solution for all acute and chronic problems without side effects.

SPECIALITY

- Female Diseases
- Child Disorders
- Respiratory Disorders
- Old Age Diseases
- Digestive Diseases
- Skin Ailments
- Hair Problems
- Joint Disorders
- Thyroid Disorders
- Eye Diseases
- Headache / Migraine
- Sexual Diseases
- Anxiety & Depression
- Mental Disorders
- Renal Disorders
- Covid & Post Covid Complications

AVOID SURGERY

- Kidney Stones
- Piles
- Cysts
- Fissures & Fistula
- Cataract
- Warts
- Fibroadenomas
- Tonsillitis

LIFESTYLE DISEASES

- Prevention & Treatment
- Diabetes
 - Obesity
 - Lung Diseases
 - Heart Diseases

